



<b>Shahid Beheshti University of Medical Sciences</b> <b>School of Nursing and Midwifery</b> <b>Education Development Office</b>	<b>Document ID</b>
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<b>Information about the course</b>
Department: Community Health Nursing Name of Course: Education to the individual, family and society Type and number of credits: 1 credit Pre-requirement/co-requirement: Non Course and level of study: Master of Science in Community Health Nursing Class day and time:

<b>The information of the person in charge of the course</b>	<b>Information of associate professors</b>
Name of the person responsible for the course: Dr. Parvaneh Vasli Science ranking: Associate professor Major: Nursing Workplace: School of Nursing and Midwifery, SBMU Phone Call: +982188655367-330 E-mail: <a href="mailto:p-vasli@sbmu.ac.ir">p-vasli@sbmu.ac.ir</a>	Collaborating Lecturers: Meeting time and place: Phone Call: E-mail of Professors:
The date of the last revision of the lesson plan:	



## Lesson Description

**Main Goal: (17 hours for theoretical sessions)**

**Specific Goals: (expected competencies)**

After the end of the course, the learner is expected to be able to:

1. Explain the learning (including definition, processes, theories, learning styles and effective factors in teaching and learning).
2. Explain the differences between the education of children and adults.
3. Explain the needs assessment in health education.
4. Explain the applications of behavior change models (health education) with the following titles:
  - Stages of Change Models (Transtheoretical model)
  - Theory of Reasoned Action/Theory of Planned Behavior
  - Health Belief Model
  - PRECEDE-PROCEED model
  - Health communication models
  - Diffusion of Innovation Theory
  - BAZNEF model
5. Explain the traditional teaching methods in the following topics:
  - Individual and face-to-face training (principles and implementation method)
  - Teaching in large groups and society (speech, workshop, conference, panel, symposium, congress, forum, etc.)
6. Explain the new methods of education with the following titles:
  - Teaching in virtual networks (group, channel, virtual classroom, online teaching with video conference)
  - Teaching with computer training (offline teaching with CD and software)
7. Describe the use of educational materials.
8. Explain the educational planning with the following topics:
  - Designing the lesson plans for courses and sessions
  - Correct formulation of general, intermediate and behavioral goals
  - Correct formulation of content preparation methods, timing, implementation of educational program and evaluation in the program
9. Explain the educational evaluation (necessity, types, methods, etc.).

## Educational Approach

### Virtual class

Related teaching-learning method

Simultaneous online class  non-simultaneous online class  inverted class   
simulation methods  gamification  discussion   
forums



Other
<b>In-person class</b> Related teaching-learning methods: Lecture <input checked="" type="checkbox"/> small group discussion <input type="checkbox"/> question and answer <input checked="" type="checkbox"/> solution-based learning <input type="checkbox"/> problem-based learning <input type="checkbox"/> scenario-based learning, project presentation <input checked="" type="checkbox"/> Other (name):
<b>Hybrid</b> Please name the method use from all face-to-face and virtual methods:

### Tentative Lesson Plan

Session Number	Date	Topic	Teaching-learning method	Lecturer
1		learning	Lecture, Q&A	
2		Differences between the education of children and adults	Lecture, Q&A	
3		Needs assessment in health education	Lecture, Q&A	
4		Applications of behavior change models	Lecture, Q&A	
5		Traditional teaching methods	Lecture, Q&A	
6		New methods of education	Lecture, Q&A	
7		Use of educational materials	Lecture, Q&A	
8		Educational planning	Lecture, Q&A Project presentation	
9		Educational evaluation	Lecture, Q&A	

### Student Expectations/Course Rules

- Active and regular attendance in the class
- Participation in lessons and questions & answers
- Timely submission of homework
- Providing a written and oral report of an article published in a reputable magazine in the field of designing and implementing a training program for the client



## Evaluation Method

**Formative assessment:**

**Summative assessment:**

No.	Evaluation method	The contribution of the method to the student's final grade
	Final Exam	60%
	Designing and presenting a teaching program in the group in the form of a teaching kit or package	40%

## Lesson Resources:( last edition)

### A. Books

- Bastable SB. Nurse as educator: Principles of teaching and learning for nursing practice: Jones & Bartlett Learning.
- Billings DM, Halstead JA. Teaching in Nursing e-Book: A guide for faculty: Elsevier Health Sciences.
- Naidoo J, Wills J. Public health and health promotion: developing practice. Public health and health promotion: developing practice
- Pollard A, Collins J. Reflective teaching: A&C Black
- Books and magazines related to the theories and models of behavior change and health planning according to the current knowledge published by the universities and scientific centers of the world.